

*"But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him." ...
The Father is looking for those who will worship him that way."*

True Worship



New Members Information Packet



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Our Mission

To bring souls to Jesus Christ by addressing the spiritual and natural needs of men, women, and children through thought-provoking, spirit-filled and inspiring ministries and immediately impact the life of the whole person. To demonstrate the majesty, power, splendor and wonder of the Scriptures through movement. Through this we encourage the believer on his/her relationship with the Lord and draw the unbeliever to Him. We begin by encouraging ourselves in our love for God and each other.

Our Covenant

- We, the dancers of True Worship willingly present our bodies as living sacrifices to the Lord via dance (Rom 12:1).
- We will praise the Lord in dance (Psalms 149:3), and love Him with all our heart, soul, mind and strength (Mark 12:30).
- We will not worship other gods (Exodus 34:14) as the children of Israel did when they danced around the Golden calf in the wilderness (Exodus 32:19). But we will offer up a sacrifice of praise and thanksgiving to our God (Hebrews 13:15).
- Our bodies are not for immorality, but for the Lord. Our bodies are members of Christ (1 Corinthians 12:20). Our bodies are the temple of the Holy Spirit. Therefore, we will glorify God in our bodies (1 Corinthians 6:19-20); and we willingly offer ourselves as a sacrifice through dance. God may be glorified through us.



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Liturgical Dance

Liturgical dance is a Christian expression of prayer or worship through body movement. Many different types of music can accompany these dances. The dancers push out a message that has been divinely inspired. The dancers will respond with an appropriate dance that flows out of the music and enhances the prayer or worship experience. Dances may be either spontaneous or have been choreographed ahead of time. If it is choreographed, it is generally fitted to the song's lyrics or to biblical concepts.

Liturgical dance is a relatively recent practice in the West, being virtually unpracticed until the twentieth century. However, its antecedents go back to accounts of dancing in the Old Testament. An example is the episode when King David danced before the Ark of the Covenant. In other parts of the world, dancing as a form of worship is much more popular.

Others maintain it is a way of physically manifesting God's message, seeing it as an emotionally powerful way to inspire churchgoers. As followers of Christ, our actions influence how others view Him; this covenant is a reminder and not intended to exclude anyone from involvement.

Flags and Banners

Flags and banners are used as a tool for breakthrough and freedom, for praise, worship, spiritual warfare, exalt the Lord, celebrate revival and intercession, while bringing the fullness of Christ. As we minister with flags and banners, we are declaring to the body of Christ that the Lord Is Our Banner. Our flags identify us as His children, His messengers, His servants, His Salt, His Light and His beacons on earth. Flag and banner worship arts ministers are called to; lift up a standard against our adversaries to put them to flight; identify ourselves as children of the Most High God; be a testimony of Christ; and exalt our Lord.



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Standards

Respect Others

- I. With our speech – Offensive language and derogatory remarks, as well as inappropriate comments (sexual innuendo, dirty jokes, etc.) are unacceptable and will not be tolerated.
- II. With our clothing – Excessively revealing or distracting clothing, as well as clothing with inappropriate comments are inappropriate and should not be worn to rehearsals or during ministry.
- III. With our property – Please ensure that the use of certain personal items (i.e. Cell phones*, MP3 players, etc.) do not become distractions during rehearsals, activities or ministry events.

Respect Leadership

- I. By following instructions – Dancers are expected to have a positive attitude and follow the instructions and requests of the director.
- II. By listening – When any person providing direction is speaking, especially during a teaching time, all dancers are expected to give their undivided attention and keep noise to a minimum.
- III. By participating – When there is an activity that requires participation of individuals or the entire group, full participation is expected. Do not consider yourself the exception unless you have prior permission or are physically unable to participate.

All Dance Ministry participants will:

- Complete the New Members' Orientation process.
- Demonstrate a spirit of commitment, unity, and harmony throughout the church.
- Be confident and willing to dance before the congregation, be willing to receive instruction and correction with maturity.
- Maintain proper diet and exercise to take special care of their temple (body).
- Be respectful and supportive to each other; maintain a team atmosphere.



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Dance Structure

Types of Dance

True Worship is a ministry of praise and worship to the Lord. As such, during ministry various forms of dance will be used to portray the message. These dance forms may include ballet, jazz, modern, urban, hip-hop, lyrical dance, African, and traditional liturgical dance.

Since all dancers may have different levels of training and/or styles of dance in which they excel or need additional experience, dancers will have the opportunity to grow through both the receiving additional instruction and the opportunity to potentially instruct others. Though dances' abilities will not be formally assessed, part of rehearsal will include technical development in order to improve each dancer's capabilities and skills level. Dancers are encouraged to participate by leading warm up, devotion, and eventually choreographing movements for Praise and Worship or a special dance piece.

Conduct

Each dancer must uphold acceptable conduct inside and outside of church. There should be no variance of how we live outside of church and what we minister on stage. Conduct unbecoming of the Dance Ministry as determined by Dance Ministry leader(s) and Elder of Worship will result in potential dismissal from participation on the Dance Ministry.

Communication

To verify rehearsal dates and times, dancers will need to check the "Band app" for weekly updates and necessary information. <https://band.us/@trueworship>

Eligibility and Attendance Policy

To minister with the group at any engagement, you must be present for the rehearsal prior to the ministry engagement in order to participate. If there is a spacing rehearsal the Saturday before ministering on Sunday, you must be present, or you cannot minister. To minister you must arrive prior to prayer, which is 15 minutes after call time, an individual arriving after prayer may serve, which includes but not limited to Sunday worship or special engagements. (Example: call time is 6:45am, arriving after 7am will allow you to serve only) If unable to attend rehearsal, as a courtesy, please send a message in the band app prior to rehearsal. Call times are subject to change and will be communicated by the ministry leader.

Rehearsals

True Worship rehearses at Be Glorified Ministries located at 2770B Old Washington Rd, Waldorf, MD 20601 every Saturday from 4:30 to 6PM.



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New Members

Any person interested in joining the dance ministry must be a member of Be Glorified Ministries and have completed New Members Class as verified by administration. Once this is completed, the individual is required to attend a new dancer orientation, which is conducted monthly as needed. Upon attendance and completion of the orientation, the dancer will be invited to observe a dance rehearsal. The individual may participate in all ministry functions after observing two rehearsals and physically participating in four rehearsals.

*****ALL NEW DANCE MEMBERS MUST SIT UNDER THE MINISTRY FOR 4 WEEKS BEFORE BEING ABLE TO MINISTER, HOWEVER, THE TWO REQUIRED OBSERVATIONS SERVE AS 2 OF THE 6 TOTAL WEEKS REQUIRED.**

SIT means showing exceptional attendance, learning dance pieces, displaying teamwork, stewardship, and a good attitude towards others. This is a chance for you to learn the vision, your place within the ministry, the style and structure of the ministry, and to get to know those who you will minister closely with before stepping in front of God's people within the sanctuary.

Dance Attire

Rehearsal:

- Black True Worship T-Shirt
- Black Palazzo Pants
- Sports Bra
- Black Leggings for under the palazzo pants

Basic Performance Attire:

- Black Sports Bra
- White Leotard or long sleeve unitard
- White Palazzo Pants
- Garment Bag



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T-Shirt Order Form



Name: _____

Color: ☐ Black ☐ White

Size: ☐ Youth S ☐ Youth M ☐ Youth L ☐ Youth XL
☐ Adult S ☐ Adult M ☐ Adult L ☐ Adult XL
☐ Adult 2XL ☐ Adult 3XL

Payment Type (circle one): Cash Check Cashapp(\$bgmgiving)

WRITE CHECKS TO: Be Glorified Ministries

QTY: ____

Total(qty X \$15): ____



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Leotard Order Form



Name: _____

Color: ☐ Black ☐ White

Size: ☐ Youth S ☐ Youth M ☐ Youth L ☐ Youth XL
☐ Adult S ☐ Adult M ☐ Adult L ☐ Adult XL
☐ Adult 2XL ☐ Adult 3XL

Payment Type (circle one): Cash Check Cashapp(\$bgmgiving)

WRITE CHECKS TO: Be Glorified Ministries

QTY: ____

Total (qty X \$18): ____



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Unitard Order From



Name: _____

Color: ☐ Black ☐ White

Size: ☐ Youth S ☐ Youth M ☐ Youth L ☐ Youth XL
☐ Adult S ☐ Adult M ☐ Adult L ☐ Adult XL
☐ Adult 2XL ☐ Adult 3XL

Payment Type (circle one): Cash Check Cashapp(\$bgmgiving)

WRITE CHECKS TO: Be Glorified Ministries

QTY: ____

Total (qty X \$30): _____



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Palazzo Pants Order Form



Name: _____

Color: ☐ Black ☐ White

Size: ☐ Youth S ☐ Youth M ☐ Youth L ☐ Youth XL
☐ Adult S ☐ Adult M ☐ Adult L ☐ Adult XL
☐ Adult 2XL ☐ Adult 3XL

Payment Type (circle one): Cash Check Cashapp(\$bgmgiving)

WRITE CHECKS TO: Be Glorified Ministries

QTY: _____

Total (qty X \$25): _____



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Time, Talent, and Treasure Consent

Time, Talent, and Treasure consent is agreeing to: *"Serve the Lord thy God with all thy heart and with all thy soul,"* (Deut. 10:12). Time refers to punctuality, and reliability. Talent is simple: if you are lending your talent for service in the ministry, minister in the area of your gifting/talent by showing initiative and acting with integrity. Treasure means that you are faithful in your commitment.

When you sign this agreement, you are committing to lend your time, talent and treasure to the ministry in which you are involved.

We thank you for your time and talents.

Name: _____

Signature: _____



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MEDICAL WAIVER

Please list below any physical limitations, medical conditions you have, or any prescriptions you take:

I, _____, hereby do not hold Be Glorified Ministries responsible for any physical problems, allergic reaction, or injuries related to taking part in the dance ministry.

Date: _____

I, _____, the parent of _____ hereby do not hold Be Glorified Ministries responsible for any physical problems, allergic reactions, or injuries related to taking part in the dance ministry.

Date: _____

